

Sustained Antiretroviral Effect of Raltegravir at Week 156 in the BENCHMRK Studies, and Exploratory Analysis of Late Outcomes based on Early Virologic Responses

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Abstract

Background: BENCHMRK (BM-1 and 2) are ongoing Phase III studies of raltegravir (RAL), 400 mg bid plus optimized background therapy (OBT) versus placebo (PBO) plus OBT. Week 156 efficacy and safety results are being reported. Exploratory analyses of late outcomes based on patients with low level viremia (LV) versus high level viremia (HV) at baseline and at Week 156 are being reported.

Methods: Pts failing ART with 3-class resistant HIV were randomized to RAL + OBT or PBO + OBT. PBO + OBT included Zidovudine, Zalcitabine, Didanosine, and Zalcitabine 400 mg/ml (ZDV) and mean change from baseline in CD4 counts. Studies were analyzed separately and combined. Exploratory analysis of wk 96 outcomes (<50 copies/mL) was conducted in RAL pts from both studies categorized by vRNA levels between wk 16 and wk 48 into one of 3 groups: • CS (continuous suppression, <50 copies/mL at all timepoints); • LV (low level viremia, <50 copies/mL at least one timepoint); • HV (high viremia, >50 copies/mL at one or more timepoints).

Results: Baseline characteristics were comparable; overall, median baseline CD4 counts were 105 cells/mm³. At Week 156, the proportion of patients with low level viremia (<50 copies/mL) was 58% in RAL and 48% in PBO. At baseline, 25% of patients had low level viremia (<50 copies/mL) and 75% had high level viremia (>50 copies/mL). At Week 156, 52% of patients with low level viremia at baseline had low level viremia (<50 copies/mL) and 48% had high level viremia (>50 copies/mL). Exploratory analyses of late outcomes based on patients with low level viremia (<50 copies/mL) at baseline and at Week 156 are being reported.

Table 1. Patient Disposition

Completed Study	Raltegravir + OBT (N = 462)	Placebo + OBT (N = 237)
Completed 156 wk Double-Blind Phase	247 (53%)	48 (20%)
Continuing to Open Label (OL)	99 (21%)	131 (55%)
Discontinued study	116 (25%)	58 (24%)
Discontinued due to adverse event	22 (5%)	13 (5%)

Table 2. Summary of Adverse Events

Adverse Events	Raltegravir + OBT (N = 462)	Placebo + OBT (N = 237)
Clinical Adverse Events	93.7 (20.2%)	88.9 (37.6%)
Drug-related*	59.5 (13.1%)	55.9 (23.6%)
Serious	29.0 (6.5%)	22.8 (9.6%)
Serious & drug-related	3.0 (0.7%)	3.8 (1.6%)
Deaths	4.5 (1.0%)	3.4 (1.4%)
Patient discontinued	3.3 (0.7%)	5.5 (2.3%)

Table 3. Classification of Early vRNA Response

Category	Definition	Patients	PK
Continuous Suppression	Continuous suppression: low level viremia, non-suppressed (intermittent)	All timepoints < 50 copies/mL	199 (43.5%)
Low level viremia	Low level viremia: <50 copies/mL at one or more timepoints	At least one timepoint < 50 copies/mL	111 (24.3%)
Not suppressed	Not suppressed: >50 copies/mL at all timepoints	Intermittent >50 copies/mL	89 (19.2%)

Table 4. Baseline Characteristics by Early vRNA Response, RAL group

Characteristic	CS (N = 159)	LV (N = 111)	Intermittent NS (N = 63)
Plasma HIV RNA (log ₁₀ copies/mL)	4.4 (2.3 - 5.8)	4.9 (2.6 - 5.9)	5.0 (2.8 - 5.9)
Median (min, max)	37 (18.6 - 47)	47 (42.3 - 51)	51 (42.3 - 51)
CD4 count (cells/mm ³)	166 (72-292)	181 (126-246)	69 (42-149)
CD4% (median [min, max])	33 (16.6 - 44)	33 (16.6 - 44)	29 (16.6 - 44)
CD8 count (median [min, max])	897 (67-2605)	729 (46-2296)	642 (69-2300)
CD8% (median [min, max])	62 (26-89)	61 (31-86)	62 (21-83)
CD4/CD8 ratio, median (min, max)	0.18 (0.01-1.23)	0.14 (0.01-0.66)	0.07 (0.01-0.91)
PSS (%)	33	7	13
PM (%)	29	33	33
CS (%)	17	19	25
GSS (%)	44	47	38
2 or more	38	33	33

Table 5. Patient Status at Week 156 by Early vRNA Response, RAL group

Characteristic	CS (N = 159)	LV (N = 111)	Intermittent NS (N = 63)
Completed double-blind phase, and continuing on open-label (all group)	157 (98.9%)	91 (82.0%)	25 (39.7%)
Discontinued study	35 (17.6%)	10 (9.0%)	22 (34.9%)
Lack of efficacy	2 (1.0%)	1 (0.9%)	9 (14.3%)
Adverse event	6 (3.0%)	0 (0.0%)	1 (1.6%)
Other reason [†]	27 (13.6%)	9 (8.1%)	12 (19.0%)

Table 6. Association Between Early vRNA Response Category (CS, LV, NS) and Baseline Prognostic Factor

Baseline Factor	Week 96 (N = 132/159)	Week 156 (N = 171/199)	P-value
RAL RNA <100,000 copies/mL	89 (68%)	89 (71%)	0.001
CD4 cell count (W156 - W96) >200 cells/mm ³	89 (68%)	89 (71%)	<0.001
Rapid viral decay (W156 - W96) <1 log ₁₀ copies/mL	89 (68%)	89 (71%)	0.215
PSS	33 (25%)	33 (27%)	0.937

Table 7. Responders* at Week 96 and 156 in CS and LV Groups

Group	Week 96 (N = 132)	Week 156 (N = 171)	P-value
LV group	99 (75%)	89 (71%)	0.009
NS group	89 (68%)	89 (71%)	0.886
CS group	116 (89%)	116 (89%)	0.886

Table 8. Association Between Early vRNA Response Category (CS, LV, NS) and Baseline Prognostic Factor

Baseline Factor	Week 96 (N = 132)	Week 156 (N = 171)	P-value
RAL RNA <100,000 copies/mL	89 (68%)	89 (71%)	<0.001
CD4 cell count (W156 - W96) >200 cells/mm ³	89 (68%)	89 (71%)	<0.001
Rapid viral decay (W156 - W96) <1 log ₁₀ copies/mL	89 (68%)	89 (71%)	0.215
PSS	33 (25%)	33 (27%)	0.937

Table 9. HIV Integrase Mutations in Patients with Virologic Failure

Group	Week 96 (N = 132)	Week 156 (N = 171)	P-value
LV group	99 (75%)	89 (71%)	0.009
NS group	89 (68%)	89 (71%)	0.886
CS group	116 (89%)	116 (89%)	0.886

Table 10. Multivariate Analysis

Factor	Week 96 (N = 132)	Week 156 (N = 171)	P-value
CS group	116 (89%)	116 (89%)	0.886
LV group	99 (75%)	89 (71%)	0.009
NS group	89 (68%)	89 (71%)	0.886

Table 11. Percent of Patients (95% CI) with HIV RNA <50 Copies/mL (NC=FF Approach)

Timepoint	RAL (N = 462)	Placebo (N = 237)
Baseline	25%	25%
Wk 16	71%	71%
Wk 48	71%	71%
Wk 96	71%	71%
Wk 156	71%	71%

Table 12. Percent of Patients (95% CI) with HIV RNA <400 Copies/mL (NC=FF Approach)

Timepoint	RAL (N = 462)	Placebo (N = 237)
Baseline	25%	25%
Wk 16	91%	91%
Wk 48	91%	91%
Wk 96	91%	91%
Wk 156	91%	91%

Table 13. Percent of Patients (95% CI) with HIV RNA <50 Copies/mL (NC=FF Approach)

Timepoint	RAL (N = 462)	Placebo (N = 237)
Baseline	25%	25%
Wk 16	71%	71%
Wk 48	71%	71%
Wk 96	71%	71%
Wk 156	71%	71%

Table 14. Percent of Patients (95% CI) with HIV RNA <400 Copies/mL (NC=FF Approach)

Timepoint	RAL (N = 462)	Placebo (N = 237)
Baseline	25%	25%
Wk 16	91%	91%
Wk 48	91%	91%
Wk 96	91%	91%
Wk 156	91%	91%

Table 15. Percent of Patients (95% CI) with HIV RNA <50 Copies/mL (NC=FF Approach)

Timepoint	RAL (N = 462)	Placebo (N = 237)
Baseline	25%	25%
Wk 16	71%	71%
Wk 48	71%	71%
Wk 96	71%	71%
Wk 156	71%	71%

Table 16. Percent of Patients (95% CI) with HIV RNA <400 Copies/mL (NC=FF Approach)

Timepoint	RAL (N = 462)	Placebo (N = 237)
Baseline	25%	25%
Wk 16	91%	91%
Wk 48	91%	91%
Wk 96	91%	91%
Wk 156	91%	91%

Table 17. Percent of Patients (95% CI) with HIV RNA <50 Copies/mL (NC=FF Approach)

Timepoint	RAL (N = 462)	Placebo (N = 237)
Baseline	25%	25%
Wk 16	71%	71%
Wk 48	71%	71%
Wk 96	71%	71%
Wk 156	71%	71%

Table 18. Percent of Patients (95% CI) with HIV RNA <400 Copies/mL (NC=FF Approach)

Timepoint	RAL (N = 462)	Placebo (N = 237)
Baseline	25%	25%
Wk 16	91%	91%
Wk 48	91%	91%
Wk 96	91%	91%
Wk 156	91%	91%

Methods

- Inclusion criteria: Patients who completed at least 48 weeks of double-blind treatment
- Early vRNA response classification:
 - Continuous suppression: low level viremia, non-suppressed (intermittent)
 - Low level viremia: <50 copies/mL at one or more timepoints
 - Not suppressed: >50 copies/mL at all timepoints
- Missing data approach - Observed Failure (OF)
- For HIV RNA, only discontinuations due to lack of efficacy counted as failures
- For CD4 count, baseline value carried forward for discontinuations due to lack of efficacy

Results

- Median HIV RNA (log₁₀ copies/mL) at baseline: 4.4 (LV) vs 4.9 (LV) vs 5.0 (NS)
- Median CD4 count (cells/mm³) at baseline: 166 (LV) vs 181 (LV) vs 69 (NS)
- Median CD4% (median [min, max]) at baseline: 33 (LV) vs 33 (LV) vs 29 (NS)
- Median CD8 count (median [min, max]) at baseline: 897 (LV) vs 729 (LV) vs 642 (NS)
- Median CD8% (median [min, max]) at baseline: 62 (LV) vs 61 (LV) vs 62 (NS)
- Median CD4/CD8 ratio, median (min, max) at baseline: 0.18 (LV) vs 0.14 (LV) vs 0.07 (NS)
- PSS (%): 33 (LV) vs 7 (LV) vs 13 (NS)
- PM (%): 29 (LV) vs 33 (LV) vs 33 (NS)
- CS (%): 17 (LV) vs 19 (LV) vs 25 (NS)
- GSS (%): 44 (LV) vs 47 (LV) vs 38 (NS)
- 2 or more: 38 (LV) vs 33 (LV) vs 33 (NS)

Conclusions

- Efficacy through week 156 by early vRNA response category (CS, LV and NS) - HIV RNA <50, <400 copies/mL - Change from baseline in CD4 cell count (cells/mm³) - Association between early vRNA response category and prognostic factors (including CD4 count, CD4%, and CD4/CD8 ratio) - Immunological efficacy sustained through week 156
- 50% in RAL group sustained vRNA < 50 cp/mL
- RAL 400 mg b.i.d. plus OBT was generally well tolerated as compared to PBO plus OBT
- Few discontinuations due to adverse events

Conclusions

- For exploratory analysis, patients were categorized by early virologic responses (continuous suppression, low level viremia, and intermittent non-suppressed) based on vRNA between wk 16-48
- Patients with low level viremia (LV), 50% vRNA < 400 at least once had more advanced baseline disease characteristics (RNA¹, CD4¹) compared with the continuous suppression (CS, all vRNA < 50) group.
- In exploratory analyses to examine correlation of early virologic response with baseline prognostic factors (including rapid viral decay, i.e., vRNA < 50 cp/mL at least once between wk 2-12)
- Univariate analyses indicate correlation with vRNA, CD4 count and rapid viral decay
- In multivariate analysis, rapid viral decay showed strongest association
- In exploratory analyses of wk 156 outcomes based on early virologic responses, patients with low level viremia demonstrated:
 - Favorable wk 156 virologic and immunologic outcomes
 - 71% < 50 cp/mL, 76% < 400 cp/mL
 - CD4 increase from BL +226 cells/mm³
 - Significantly shorter time to loss of virologic response (TLOVR ≥ 400 cp/mL) compared to CS group.

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